## Legacy Point Elementary Beacon

Learn, Live, Love, Laugh & Leave A Legacy

## **Legacy Point Elementary**

**FEBRUARY 2024** 



Beth Waufle
Principal

Attendance 303-387-8727 Office 303-387-8725

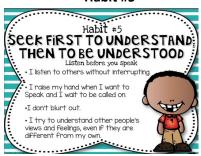
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## Leader In Me

Habit #5



### **Battle of the Books**







3rd/4th Grade Team

This is our first year for Battle of the Books at Legacy Point. It's a national competition where kids read the same 10 books, then battle it out with other schools in the district (and state!) by answering difficult questions found in the text. Our teams are off to a great start...stay tuned for more!

**February** 

## **Spelling Bee**

#### by Boston (4th Grade Student Lighthouse Leader)

What's all the buzz about? The 2024 Legacy Point Elementary Spelling Bee of course! Fourth and fifth graders came together on January 18th, in the school gym, to compete for 1st, 2nd, and 3rd place titles, and the chance to go to the District Spelling Bee on February 3rd. The mood was nervous around the entire room, because participants were trying not to fail in front of their classmates. Back and forth the challengers went trying to answer questions until there was one person left. If you were in the room you would see that it was a tough, and intense competition. Maybe next year, you should try to participate in the 2025 school Spelling Bee!

I'm so proud of all the participants who were so brave to get up in front of everyone and spell some hard words! Congratulations to our 1st place winner - Boston, our 2nd place - Yuvraj and our alternate - Maddie!

xo ~ Mrs. Beyer

















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## Farewell Ms. Taylor!

We are so sad to lose our incredible Ms. Cheryl, but are excited for her next adventure! Legacy Point Leaders wish you all the best - we will miss you.

Our Ms. Cheryl is...





## Meet Our Campus Security - Mr. Bayley

by Lottie (3rd Grade Student Lighthouse Leader)

When did you start at Legacy Point?

November 2020-2021

What was your first role?

I was a substitute teacher.

What nicknames do kids have for you?

Mr. GRUB, Mr. BAGEL, DONUT, BULGO, SHADOW FALCON

Why did you want to change to campus security?

I want to keep kids and staff safe.

What do you like about it best so far?

Being able to hang out with all the kids.





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## Look at us!

At Legacy Point Elementary, we work hard and play hard.

























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## From Essentials:

#### Hello!!

We are having a great time down in the gym. We have finished up our net sports unit where students learned the games of Tennis, Pickleball, Badminton and Volleyball. We then spent a few days bringing the National Western Stock Show to the gym! Students ran barrels, roped and did some obstacle courses. Up next, students will be moving into a jump rope and rock wall unit.



Please remember that due to our new gym floor and student safety, no boots or crocs are allowed in the gym. I understand that in the winter months students like to wear snow boots for recess but I would greatly appreciate it if they also had a pair of tennis shoes in their backpack. I am also more than happy to store their shoes in my office for them.

As always, please reach out if you have any questions or concerns.

Sincerely, Mrs. Merritt ΡF

Our LPE artists have been studying color while creating work inspired by historical art figures.

Vincent Van Gogh created eleven sunflower paintings. Wassily Kandinsky explored circles exclusively from 1923 -1929. While studying light's effect on color, Claude Monet made thirty haystack paintings and more than thirty paintings of the Cathedral of Notre Dame in Rouen. Students are learning that studying subject matter deeply is a common practice in art. If you are looking to purchase a gift for your young artist, a sketchbook is a wonderful tool to support their study of the world around them and explore their ideas. Watercolor pencils would be an exciting addition.

Amy Long

Visual Art Teacher, Legacy Point Elementary

Douglas County School District

Art Studio: 303-387-8725

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Agency

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### From Our Mental Health Staff

#### Self Care Tip #6 - Enjoy A Special Snack

Just like my pink Flair pen, a Diet Coke and a piece of chocolate also have magical powers to get me out of a funk. Keeping a special snack on hand is a great way to bring joy to an otherwise mundane day. The type of snack is up to you - some people prefer a healthy snack, while others may enjoy a sweet treat. Whichever camp you land in, sometimes this can be a great way to get re-energized!

#### Self Care Tip #7 - Establish Mantras Or Positive Self Talk Statements

This is another coping skill we frequently teach to kids, but it's important that we remember to practice it too. Some of my favorite mantras to repeat to myself are: "Just because it needs to be done, doesn't mean I have to be the one to do it," and "I made the best decision I could have with the information that I had." These two quotes are great reminders to be patient and kind with myself.

#### Self Care Tip #8 - Have A Conversation With Someone You Enjoy

Part of self care includes connecting with other people whose company you enjoy. With all the chaos of the school day, we can be left feeling drained and emotionally exhausted. Taking the time for a short conversation with a colleague that you get along with, or even making a phone call to a family member is a great way to fill yourself back up.

#### Self Care Tip #9 - Make A Plan

You're swamped. You have three small groups today, two classroom lessons, an IEP meeting, etc. You feel completely overwhelmed and don't even know where to start. Instead of floundering through the day, your self care strategy in this situation can be to sit down, take a few minutes, and plan out exactly what you need to do. I know this can seem counterintuitive because you can't possibly fathom taking a short break, even to plan, but doing this will help you to feel much more calm and prepared.

Thank you,

Mental Health Team

Sarah Sanniola, Counselor

Jessica Schmitz, Psychologist

Emily Montgomery, Social Worker

